



### ***3rd Grade Video Scripts - Invitation to Rhythm***

#### **Why...**

By the time our children enter 3rd grade most parents feel like they run a part time taxi service to get everyone where they need to be when they need to be there. School plays, soccer practice, church activities, sleepovers, birthday parties, basketball practice, dance, piano lessons, and an occasional trip to the doctor send our family calendars into a chaotic frenzy. As parents we end the day and wonder how we made it through, but have you ever stopped to wonder what your child is feeling? Do you find yourself having to constantly push them to keep up? Are they pushing back on you because of it? How can we set our kids up to discover a better rhythm to life?

This year we are inviting your child to discover a rhythm for their life. In 3rd grade kids begin to be pulled in many different directions so we are hoping to help them learn to manage a great gift God has given them...time. The truth is that time is a limited resource. There is only so much of it and we are only given a certain amount of days to live life. Every moment truly does matter and making the most of it means we have to discover a rhythm that maximizes the time we're given.

Some parents want their kids to have schedules that are packed so they can experience many different opportunities as a child. Some parents want to focus their child's activity so they can still have time

to play, explore, discover and still be a kid. No matter the preference for you family we hope this year we can help your child overcome an out of control pace that brings stress on them to an intentional pace that brings balance. When we help kids to learn to manage time and set priorities we set the up for healthy balance in life. Your next step is to watch the "how to" video and help your 3rd grader can find their rhythm.

#### **How...**

When you look at your child's weekly schedule it's hard to imagine how to begin to help them understand rhythm. All of us as parents understand how hard it is for ourselves to maintain it! Finding a balanced rhythm in life is a tension to manage not a problem to solve. Relax...this is a year you will be able to give your child some wisdom that is found in the Bible that will stick with your child. They will always remember you helped them figure it out! That is the influence you have as a parent.

Here is how we are going to invite your child to discover their rhythm. Your first step is to walk through three kickstarter experiences that will set you up for your rite of passage blessing this year. These kickstarter experiences will be about 5 minutes long and allow you to look at a passage in the Bible and then walk through a activity with your child. In these experiences you will process the idea of making priorities, carving out time to spend with God, and what it means





to actually rest. Some of you might have referred to that as Sabbath. All three of these experiences will set you up for your child's 3rd grade rite of passage blessing.

Your next step is the rite of passage involving presenting your child with a watch, calendar, clock, or planner. It all depends on what you want to do. The watch could be a new cool high tech gadget or a family heirloom passed down from a grandparent. The calendar could be one you buy new each year that always is a surprise at Christmas. We have a parent guide ready to help you know how to make this blessing come to life. No matter what you give them this will be a ceremony where you affirm your child in their search for a healthy rhythm.