

HANG TIME

ACTIVITIES DESIGNED AROUND 5 FAMILY VALUES

MAY 2018



FIGHT FOR THE HEART

Communicate in a style that gives the relationship value.

Sticky Encouragement. As another school year draws to a close, take time to celebrate all the ways your kid has grown this year. A few times each week, write or draw one of your kid's accomplishments on a sticky note. Leave it on their bathroom mirror for them to find and then strike up a conversation about it in the car or at the table. Share with them how proud you are!



WIDEN THE CIRCLE

Pursue strategic relationships for your kids.

May Day. May Day is Tuesday, May 1. Load up your crew and take them shopping for May Day basket supplies—flowers, treats, or fruit. Fill up a few baskets and let each of your kids choose one person to deliver them to. Have them write that person a note telling them why they chose them. Then, have your kid leave the basket on the doorstep, ring the doorbell, and run!



CREATE A RHYTHM

Increase the quantity of quality times you spend together.

Taco 'Bout a Party. Who doesn't love a good fiesta? May 5 is Cinco de Mayo—the day to celebrate Mexican heritage and pride. Plan a Mexican-themed dinner for your family. Make a taco or nacho bar, have Mariachi music streaming from your Spotify or iTunes account, and hang a piñata. The goal of the night is simple—*have fun with your family.*



IMAGINE THE END

Focus your priorities on what matters most.

Star Struck. Choose a night to stargaze with your family. Grab a few blankets, head outside (leaving all technology inside), and count the stars. If your kids are older, try and pick out a few constellations. Talk about the Maker of the stars, how creative He is, and how He made each star *special*—just like each person in your family.



JUST FOR YOU: MAKE IT PERSONAL

Put yourself first when it comes to personal growth.

Positive Praise. Sometimes it's easy to get stuck in a rut when it comes to studying God's Word. Try reading a Psalm of praise out loud every few mornings each week this month. Psalms 8, 19, 29, or 33 will positively position your mind and heart to start your day.