

# HANG TIME

ACTIVITIES DESIGNED AROUND 5 FAMILY VALUES

OCTOBER 2018



## FIGHT FOR THE HEART

Communicate in a style that gives the relationship value.

**A Date with Compliments.** Choose a day or evening to spend one-on-one time with each kid doing something they like to do best. Invite them ahead of time and come prepared with a few specific compliments unique to that kid. Think through the ways they're growing, new skills they're learning, and how they're improving, or just something specific about them that you love. Write the compliments down so your kid can keep them.



## WIDEN THE CIRCLE

Pursue strategic relationships for your kids.

**Host with the Most.** Is your student involved in a small group, youth group, or ministry? Do they have a group of great friends they spend a lot of time with? Instead of waiting on the leader or another parent to plan a get-together, volunteer to host. Your kid may not love the idea at first, but let them be involved in the planning. In fact, let them plan the whole thing, if they want! Ask the leader or the other parents what they'd like to see happen, and invite them to help as well. Sometimes, all it takes is one person to make the first move when it comes to widening the circle.



## CREATE A RHYTHM

Increase the quantity of quality times you spend together.

**Fallin'.** Fall is here! Along with the cooler (hopefully) weather comes, hayrides, town fairs, football games, crunchy leaves, pumpkin patches, pumpkin bread, pumpkin spice lattes, and pumpkin scented candles. Oh, yeah. And pumpkins! Near the first of the month, gather up your family and your calendars. Have everyone submit one fall-related activity they want to do this month and put it on the calendar. The only catch? Each person has to plan their own event (with just a *little* help for the little ones!).



## IMAGINE THE END

Focus your priorities on what matters most.

**Nice is Nice.** October 5 is National Do Something Nice Day. *Being* nice is different from *doing* something nice. Have each member of your family choose someone they want to do something nice for. Then, have them decide what that "something" is. Is it spending allowance money to buy them a Get Well Soon card? Raking their leaves? Baking them pumpkin cookies? Hop in the car that night (it's a Friday!), and do something nice together.



## JUST FOR YOU: MAKE IT PERSONAL

Put yourself first when it comes to personal growth.

**Truth Reminder.** It's easy to forget that God not only likes you, but that He's crazy about you. Write this verse on a card or sticky note and put it where you'll see it often: "The Lord is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing" (Zephaniah 3:17 NIV).