



HOW TO MAKE THE MOST OF...

GRANDPARENTS DAY

Grandparents Day is celebrated the first Sunday in September after Labor Day. This year, we'll celebrate the Nanas, Mimi, Papas, and Grandpas in our lives on Sunday, September 8. We want to help your family make Grandparents Day count by giving you a few celebration options for kids of all ages!

Grab your phone and schedule a reminder to do at least one of these things by September 8. You'll be so glad that you did!

YOUNGER KIDS

Interview with a Preschooler

Ask your preschooler questions about their grandparents and write their answers down verbatim—regardless of how much (or how little) sense they make. We've included some questions on the next page.

If you want to go all out and print off their answers and frame them, great! But you could also text or email the questions and responses, too.

Show Time!

Teach your kids some of your parents' favorite songs (one or two is great). Then, have them perform them for their grandparents. You can schedule a formal performance in-person and top it off with popcorn and refreshments, or use your favorite device to record the rendition and text or email it to them.

Photo Bomb!

Printed off photos may be one of those things you never remember to do, but they're still one of the most precious keepsakes! Have your kid choose 10-20 recent photos of themselves and print them off at your local drugstore. You may be surprised how cool your kid thinks the process is! Then, have your child pick out a photo album. For the last page, insert a note from your child to their grandparent, thanking them for being the best!

OLDER KIDS

Interview with a Middle/High Schooler

Have your middle or high schooler call or sit down with their grandparent and ask them what life was like when their grandparents were their age. We've included a list of questions on the next page that they can use, but encourage them to adjust the questions if there are some things they've always wanted to ask their grandparent.

Date Day

If possible, have your teen take their grandparent(s) out for the day. Take them to their favorite restaurant, park, or even a movie. You may have to foot the bill or act as the taxi, but time together is one of the most meaningful things you can give a grandparent.

The Write Stuff

Have your teen sit down and write a letter to their grandparent. This letter can be one of gratitude, thanking their grandparent for all that they've done for them. Or, it can be a letter telling them about some of their favorite memories they've shared with their grandparent. Whatever it is, drop it in the mail or email and make a grandparent's day.

Celebrate GRANDPARENTS DAY SEPTEMBER 8. Interview your preschooler about their grandparents and write down their answers.

1. How old are they?
2. What's their favorite thing to do with you?
3. What's their favorite food?
4. What's something they always say to you?
5. What do you love about them?



Celebrate GRANDPARENTS DAY SEPTEMBER 8. Have your middle or high schooler call or sit down with their grandparent and interview them. Have them ask questions like:

1. What was school like?
2. What did you do for fun?
3. How did you spend time with your family and friends?
4. What is something about you that might surprise me?
5. What was your favorite subject in school?
6. When you were my age, what did you want to be when you grew up?
7. What was your favorite toy as a kid?
8. Tell me about a time when you got in trouble growing up.
9. What is better about life for kids now?
10. What is harder about life for kids now?

