Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

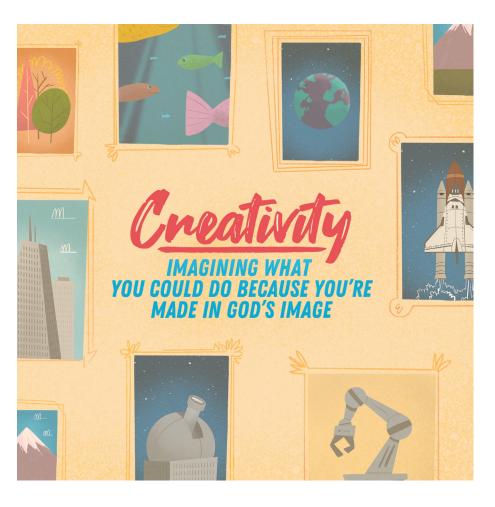






Download the free Parent Cue App AVAILABLE FOR IOS AND ANDROID DEVICES

Preteen



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3 After watching, write one thing that:

2. You lear	ned:	



Day 2

Read Matthew 5:13-16

Before you read Matthew 5:13-16, gather the following items:

- 1. A salt shaker
- 2. A pillow
- 3. A LEGO $^{\otimes}$ block or something similar
- 4. A flashlight or other light
- 5. A bowl

Now, as you read through Matthew 5:13-16, use the props to act out what you read. Read verse 13 and put a tiny bit of salt on your finger and taste it. Put the block on the pillow, and walk around it while you read verse 14, paying attention to how the block is clearly seen from its elevated spot. Lastly, turn on the flashlight and put a bowl over it, and read verse 15. Notice the light isn't visible anymore. Remove the bowl and shine the light around as you read verse 16.

God made you like that flashlight you're meant to shine His love brightly for all to see!

Day 3

Thinking back to yesterday's passage, do you feel more comfortable shining your light brightly, or do you sometimes keep that light to yourself, hidden under a bowl?

It takes some serious courage to shine your light. It might mean standing up for someone else. It might mean being the only one who follows the rules. It might mean telling someone why you go to church, or explaining what you believe about God.

The good thing is that God doesn't ask us to do anything that He hasn't prepared and equipped us to do! So if He asks us to shine His light, He will give us what we need to do it. If you're feeling nervous about being bold to share His story, remember that you were created to tell it!

Think about a situation in your life currently where you need to shine your light. Then talk to God about it:

- 1. Explain the situation to Him. (Yes, He already knows, but He likes for you to talk to Him about it anyway!)
- 2. Ask Him for wisdom and creativity to know the best way to shine your light in this situation.
- 3. Ask Him for courage to follow through.
- 4. Ask Him to use your creativity and courage to light up the world.
- 5. Thank Him for creating you to share His story.



Day 4

It can be intimidating to share God's story with others! But like most things in life, practice will make you more confident and courageous.

Find a trusted friend or family member who also follows God and ask them to practice with you. Grab a flashlight and find a dark corner or closet.

Take turns sharing some of God's story with each other. You might talk about how something you saw in God's creation recently reminded you of how great He is. You might tell them your own personal experience of hearing God's story. You could even start with a question—asking them what they think about God. As you get more comfortable talking, turn on the flashlight. Eventually, make your way back into the well-lit room.

If you find this challenging, it's okay! It is for most people! But the more you share, the easier it will become to shine your light.

Day 5

Everything God created tells His story. If you've ever been blown away by something in nature, you can see just how awesome and powerful God is.

Take animals, for example. Since animals don't use words like we do, they have different ways to communicate with each other. Like when a bee on a honey-finding mission tells his hive that he's found a field of nectar-filled flowers, he does a little dance to communicate his discovery. Yep. God is pretty creative, right?

Did you know God created you to share His story? And just like the bee, there are all sorts of creative ways you can tell others about Him.

Start by thinking about how you learned God's story. Did a parent tell you that God made you and loves you? Or maybe a friend invited you to church. Or you heard a song about Jesus and realized you wanted to know more.

In a couple of sentences, write down how you heard about the story of God. Now think back to earlier this month when you worked to uncover your creative gifts and your purpose. Think about this... how can you use those things to share God's story with others?

One easy way to share God's story with others is to tell them about how you came to hear God's story. Write down one person's name you'd like to share God's story with. Then, spend a few minutes asking God to help you tell them your own.

If you find you need more inspiration, read more fun stories of how God created animals to communicate in different ways on pages 140 and 141 of "How Great Is Our God" by Louie Giglio.