

BOOKS	WEBSITES	VIDEO
<p>The Bipolar Child by Demetri Papolos, M.D. and Janice Papolos</p>	<p>National Suicide Prevention Lifeline</p>	<p>TED Talk: "Tackling the Mental Health Crisis in Our Youth"</p>
<p>Braver Stronger Smarter: A Girls Guide to Overcoming Worry & Anxiety by Sissy Goff</p>	<p>Anxiety and Depression Association of America: "Suicide Prevention Tips for Kids and Teens"</p>	<p>TED Talk: "Shattering the Silence: Youth Suicide"</p>
	<p>Child Mind Institute: "Anxiety"</p>	
	<p>Child Mind Institute: "Depression"</p>	
	<p>Child Mind Institute: "Suicide and Self-Harm"</p>	
	<p>Child Mind Institute: "Trauma and Grief"</p>	
	<p>American Foundation for Suicide Prevention</p>	
	<p>American Counseling Association</p>	
	<p>The National Child Traumatic Stress Network</p>	

PODCAST

BLOG