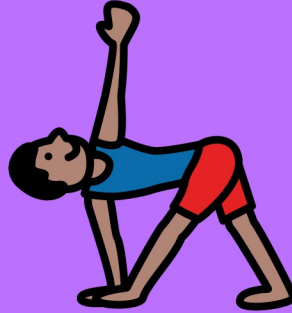


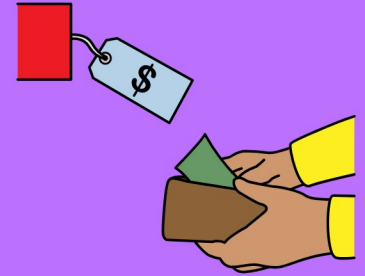
May 2nd (Monthly Verse) Page 1



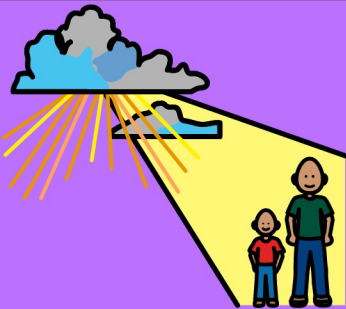
Romans 14:19



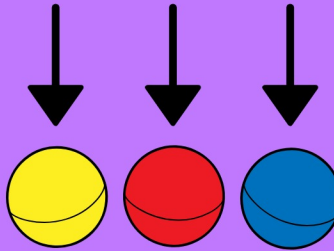
Training the body



has some value.



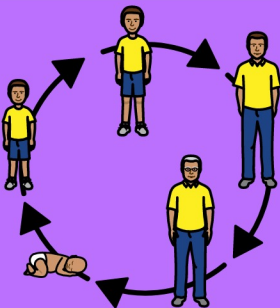
But being godly has



value in every way.



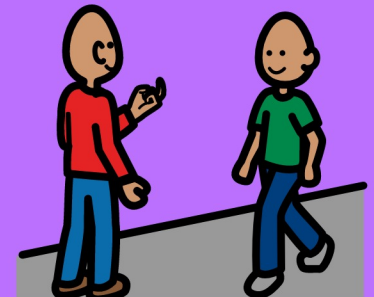
It promises help



for the life you



are now living

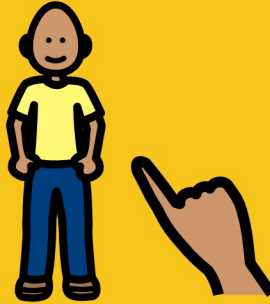


and the life to come.

Elementary May 2nd page 2



1 Corinthians 9:24-25



Do you know that in a



race all the runners run,



but only one gets



the prize? Run in such a



way as to get the prize.



Everyone who competes



in the games goes



into strict training.

Elementary May 2nd page 3



They do it to get a crown



that will not last, but we do



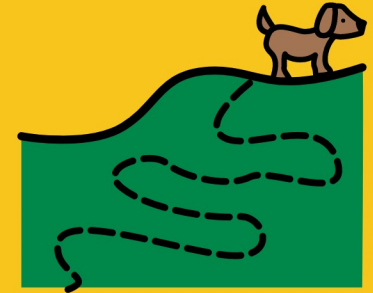
it to get a crown that will



last forever. Therefore I do



not run like someone



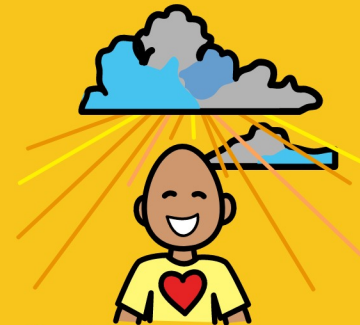
running aimlessly, I do not



fight like a boxer beating



the air. Keep Practicing



what matters most!

Elementary May 2nd page 4

Life App
(Commitment)



Making a plan



and putting it



into practice.

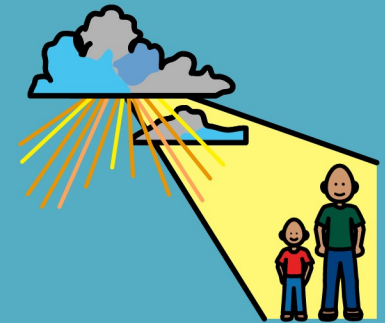
Bottom Line



Keep practicing

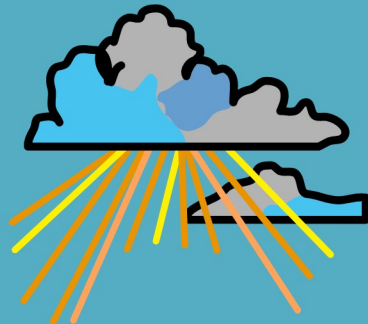


what



matters most.

Basic Truth



I can love God,

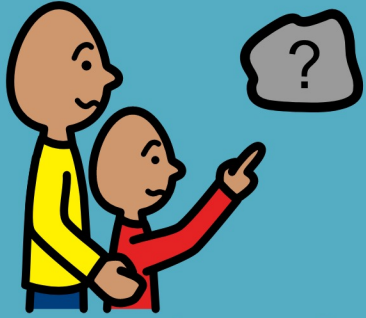


love others,

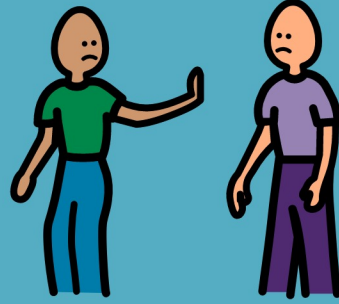


and love life.

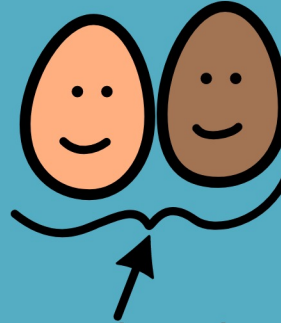
Elementary May 2nd page 5



What makes us feel



like quitting something



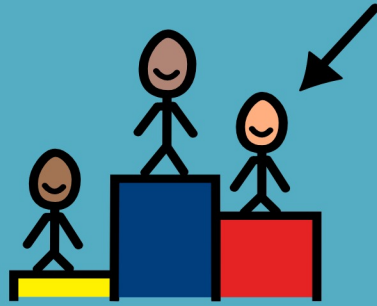
even though we



know it's important to



keep practicing and



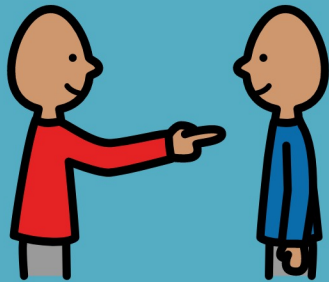
get better at it?



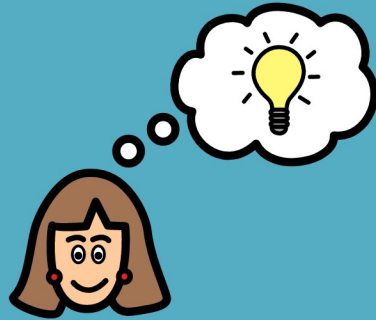
How does practice



help you?



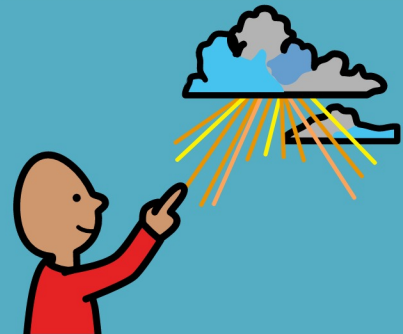
What can you do or



remember when you



want to quit practicing



something important?