

Confidence means learning to see yourself the way God sees you.



Read Psalm 40:11

DAY
1

Lookin' Good

Beautiful or handsome, and awesome! That's you. God made you so perfect and you are special just the way you are. Grab a mirror and take a look. List things that make you special. Don't forget your fantastic personality traits beyond what you see in the mirror.

Know that God created you perfectly to be just the way you are.



DAY
2

Do Right

In this week's Bible story, we heard that Shadrack, Meshack, and Abednego did the right thing even when it was hard. Talk with your parent about something you did right even though it was hard. Maybe it was sharing your favorite thing, not yelling at your sibling, or not taking the extra snack.

Adults: After hearing what your child said, ask some follow up questions like: "how did that make you feel, what could you do differently, or who can you talk to when you have to make a hard decision."

Look for chances to do the right thing.



DAY
3

Define ...

Read Psalm 40:11. With the help of an adult, look up definitions of the words: **mercy, love, and faithfulness** on your device or dictionary. After looking up the words, talk about how God shows us mercy, love, and faithfulness and how you can too! How can you show mercy, love, and faithfulness to someone this week?

Remember that God shows us mercy, love, and faithfulness, and we should too.



DAY
4

Here, There, Everywhere!

We can trust that God is always with us. He is at school, home, a friend's house, or even out in the neighborhood. You can talk to God anywhere, at any time, and about anything you need. Below is a simple prayer when you need to talk to God and don't know what to say.

"Dear God, I know You are good. I know that You love me and I know that You are always here. Please help me now with _____ (fill in the blank). I know I can always trust in You. Amen."

Trust that God is always with you.

**Finish the picture to look just like you!
In the empty space draw
what you think God looks like.**

