

Bounce Back: Get back up again

Resilience is getting back up when something gets you down.



MEMORY VERSE

“But those who trust in the Lord
will receive new strength. They
will fly as high as eagles. They will
run and not get tired. They will
walk and not grow weak.”
Isaiah 40:31, NIV

Bible Story

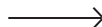
Peter and John Are Taken to the Sanhedrin

Acts 3:1-4:21

When have you decided to keep going?



Weekly Cues



Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

Start your kid's day off with a well-timed "I love you."



Meal Time

At a meal this week, ask: "What is something new that you tried that took a little time to learn? What were some of the challenges along the way in learning how to do that?"



Drive Time

While on the go, ask your kid about the best thing that's happened to them lately. Spotlight something in their experience that demonstrates something good in them. (For example, you're a really good friend, you study hard, etc.)



Bed Time

Pray for each other: "God, when we want to give up, give us the strength to make the decision to keep going."



PARENT CUE

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