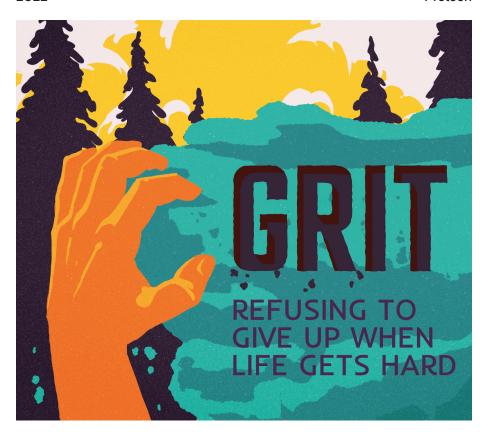
#### **Journal**

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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# Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

After watching, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

### Day 2

#### Read Genesis 45:4-11

Joseph had been put through a lotfrom being sold into slavery, to being falsely accused and thrown in prison, to finally being put in a place of honor and prestige in Pharaoh's regime.

As you read Genesis 45:4-11, underline all the things God was doing through Joseph.

Now circle all the things Joseph could have guessed God was doing at the time.

You probably have a lot of things underlined but not much circled! Joseph could have never imagined things would turn out the way they did, but he held on, and sure enough, there was a bigger story!

### Day 3

Think back over your life—when has there been a time things seemed scary or uncertain, but in hindsight, you can see how God was at work writing a much bigger story than you could have imagined?

If you can't think of something, go ask a parent or grandparent if they can think of an example in the life of your family.

Then fill in the blanks to write the prayer below into a story.

Dear God, I remember when (write what happened), and I felt so (write how you felt). I couldn't see that You were at work by using (situation or person) to (positive thing that came out of the situation). I am so thankful now that I held on, because there was a bigger story a work, and things turned out better than I expected. In Jesus' Name, I pray. Amen.



#### Hold on because there's a bigger story.

Day 4

If you've ever come down with an ear infection or strep throat, you may have been prescribed penicillin or another type of antibiotic to help you get better. Penicillin was the first antibiotic ever discovered, and it changed the medical world forever. But the craziest part about the discovery of penicillin is that it was completely by accident. Sir Alexander Fleming, a Scottish researcher, was experimenting with the flu virus when he left for vacation and came back two weeks later to find mold growing on an accidentally contaminated petri dish. The mold appeared to be preventing the growth of the bacteria! And thus, out of hard work that seemed to be derailed, a bigger story was revealed that would change the course of human history.

Who do you know that needs to hear that story? Someone who needs to be reminded to hold on because there's a bigger story. Reach out to them today and share this story with them, reminding them that there's a bigger story at work.



## Day 5

#### When has something turned out better than you expected?

Grab a sheet of paper, a pen or pencil, and a ruler or other straight edge. Turn the paper horizontally and use the ruler to draw a long straight line across the sheet. Then, using Genesis 41-45 if you need to for reference, make a timeline of Joseph's life, writing key points in his life below the line.

Above the line, make a timeline for yourself. Think about something you're facing right now-or will soon be facing-where you'll need grit. Start mapping out a timeline of what might have led up to the situation, what is happening now, and where it seems to be going. Leave space on the timeline to add to it as the situation continues and the bigger story at work is revealed.

At the top of the paper, write the words "HOLD ON." At the bottom, write the words from Galatians 6:9: "Let us not become tired of doing good. At the right time we will gather a crop if we don't give up." (NIrV)

Then hang the sheet somewhere you will see it often, so you remember to look for the bigger story God is writing. Add to your timeline as you see the story taking shape.

