

# Confidence is living like you believe God is with you.

Read: 1 John 4:13

DAY  
1

## Courage to Do

What is something you have been wanting to do but are a little afraid of? Is it riding your bike without training wheels, singing in front of others, or asking a new friend to play? The Holy Spirit can give us the confidence to do something we know we should do—even if it makes us nervous. Think and pray about what you can ask God to help you with this week.

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 "Dear God, I really want to \_\_\_\_ (whatever you want to do!). It makes me nervous to do such a big thing. God, allow your Holy Spirit to help me find the confidence I need to do the big thing this week. I know I might not get it the first time but help me to try. I love you, Amen."  
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**LOOK for opportunities to act with confidence because God is always with you.**

DAY  
2

## Ready for Take-Off!

On a piece of paper, write out this month's virtue. After writing it out, make it into a paper airplane. Use this activity to represent God sending His Holy Spirit to help you. God uses the Holy Spirit for many things like sending you courage when you need it.

**KNOW that the Holy Spirit is there when you need Him.**

DAY  
3

## What He Has Given

Look up 1 John 4:13 and read the verse. Create motions to help you remember the verse.

**ASK God to send you His Holy Spirit when you need courage.**

DAY  
4

## I Got Courage

Ask a parent to help you create an example of times you might need to have confidence! Act out the example and show how you can have confidence! Talk about how it makes you feel when you have the confidence to do big things!

**THANK God for giving you chances to practice confidence!**

God sent the Holy Spirit to help you.

